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DR. W. C. RAMSEY'S



FAMOUS PRESCRIPTION



"LILIES OF THE VALLEY"

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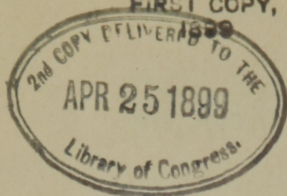
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FIRST COPY,



DR. W. C. RAMSEY'S

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..FAMOUS PRESCRIPTION..

“Lilies of the Valley”

FOR THE CURE OF

..DISEASES OF WOMEN..



COLORED PLATES

**Illustrating Various Displacements and Diseased
Conditions of the Female Organs of
Generation.**

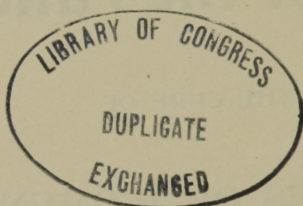


Constructed under directions of...

W. C. RAMSEY, M. D.

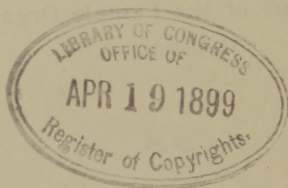
CLEVELAND, OHIO.

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..PREFACE..

The object of this book is to point out and make clear by illustration the various displacements and diseased conditions of the female organs of generation, also to present in as brief manner as possible, the CAUSE, SYMPTOMS AND TREATMENT of the same.

There are but few women who go through life without, at some period, suffering from some of the ailments peculiar to the sex. A careful study of this book will prove of great benefit to mothers and daughters.



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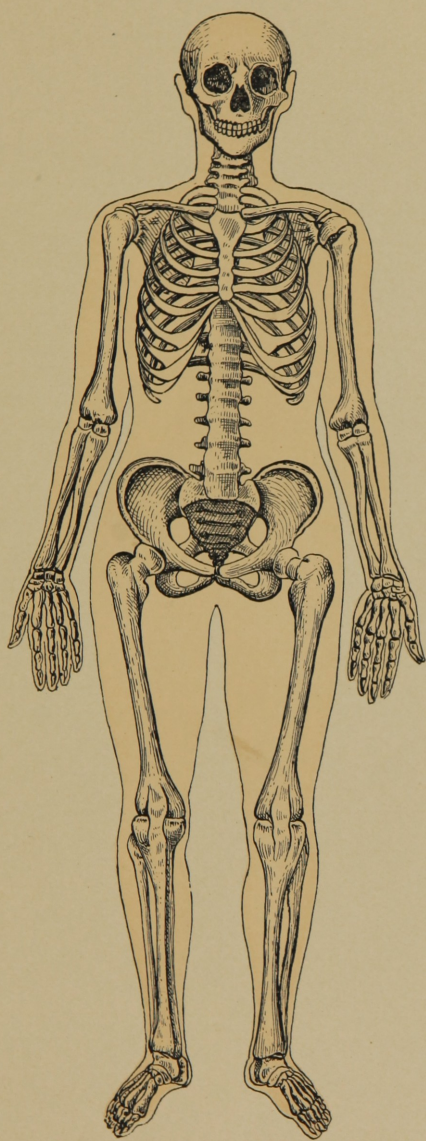
COLORED PLATES.

- I. THE SKELETON.
- II. THE CIRCULATION OF THE BLOOD AND THE VITAL ORGANS.
- III. SYMPATHETIC NERVOUS SYSTEM.
- IV. UTERUS AND OVARIES.
- V. NATURAL POSITION OF THE ORGANS OF GENERATION.
- VI. ANTEVERSION AND ANTEFLEXION.
- VII. RETROVERSION AND RETROFLEXION.
- VIII. PROLAPSIS OF THE UTERUS.



The Relation of the Manner of Living and Dress to Disease.

Disease can be invited or retarded, in a great measure, by the manner of living and the mode of dress. One very serious obstacle to good health is the manner of dress. Any mode of dress that displaces the vital organs, and interferes with free respiration and circulation of the blood, is certainly at the sacrifice of good health. Constriction of the waist is one of the most common violations to the laws of nature. It retards the return of the blood to the heart from the lower extremities, causing congestion of the ovaries and uterus, which is the beginning of a great many complicated and grave disorders. It interferes with natural respiration and purification of the blood. Pressure on the heart causes palpitation, and diseases of the kidneys. Constriction of the waist can only be overcome by a revolution in the manner of dress. Clothing should be arranged so as to distribute a great part of its weight to the shoulders, bust and hips, thus relieving the constriction and dragging weight on the vital organs. Sensible dress is productive of good health, even temper, a happy and well balanced mind. It is wonderful how the follies of fashion have so completely overshadowed the natural beauty of form and figure.



The Skeleton.

Chlorosis

or Green Sickness.

CAUSE...

Insufficient nutrition, over mental exercise and occupation.
Anemia, heredity.
Any disturbance of the nervous system.



SYMPTOMS...

Begins about the age of puberty.
Bluish or black circles about the eyes.
Morbid appetite.
Craving for strange things to eat and drink, as ashes, slate-pencils, chalk and vinegar.
Change in color of the skin. Complexion pale, yellow or green.
Palpitation of the heart.
Foul breath and constipated bowels.
Fainting on the slightest excitement.
Painful menstruation.
Cold hands and feet.
Irritable, quick tempered; imperfect sleep.
Convulsions at times.
Frequent attacks of neuralgia.
Colorless lips
Languor, debility, and low spirits.



TREATMENT...

Cheerful surrounding, proper exercise, and bathing.
Nutritious diet. Milk a standard article.
Tea better than coffee.
For medical treatment, doubtless "Lilies of the Valley" have tided many a young girl over this trying period, thereby saving them from a consumptive's grave or an insane asylum.

Leucorrhœa

or Whites.

CAUSE...

Weakness or debility.
Diseases of the heart, liver, or lungs.
Mal-nutrition.
Following menstruation.
Venereal diseases.
Living in damp or marshy localities.
Uncleanliness.
Flexions of the uterus.
Polypi of the uterus.
Constipation.
Excess of mental work, or worry.
Violent exercise, or sedentary habits.



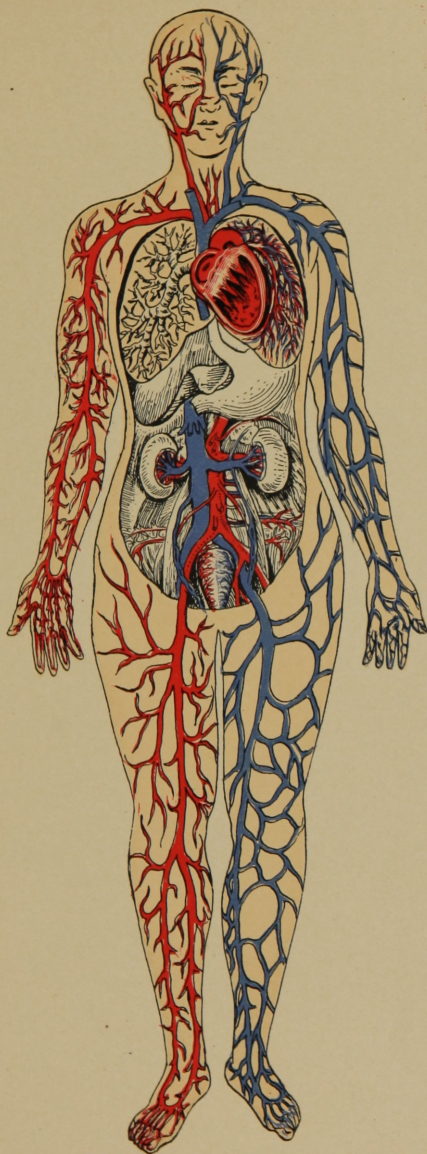
SYMPTOMS...

Unnatural watery discharge at first, later becoming white, thick and yellow.
Gradual loss of strength.
Melancholy.
Cold extremities.
Lack of energy.
Loss of appetite.
Eyes sunken with dark circles.



TREATMENT...

Moderate exercise in the open air.
Nutritious diet.
Cheerful surroundings.
Cleanliness.
Local and constitutional treatment, such as "Lilies of the Valley."



The Circulation of the Blood and the Vital Organs.

Amenorrhœa

or Suppressed Menstruation.

CAUSE...

Absence of ovaries.
Imperfect developed uterus.
Mental conditions.
Chlorosis.
Mal-nutrition.
Severe colds.
Fever and consumption.
Displacements.



SYMPTOMS...

Complete cessation, or irregular flow.
Excitement of the nervous system.
Headache and constipation.
Unnatural sleep.
Irritable temper.



TREATMENT...

If ovaries are absent, no cure.
Hot hip baths.
Care in regard to diet.
Proper rest.
Fresh air.
Keep bowels open.
Hot vaginal injections.
No better medical treatment than "Lilies of the Valley."

Dysmenorrhœa

or Painful Menstruation.

CAUSE...

Obstruction to the escape of menstrual fluid.

Anteflexion, anteversion, retroflexion and retroversion.

Small tumors.

Hardened and unnatural condition of the uterus.

Feeble action of the heart.

Stricture of the mouth of the uterus.



SYMPTOMS...

Abnormal menstrual discharge, frequently almost absent.

Pains across the small of the back.

Serious vomiting frequently occurs.

Excitement of the general nervous system.

If membranous, the lining of the uterus is frequently thrown off.

Discomfort in the pelvic region.



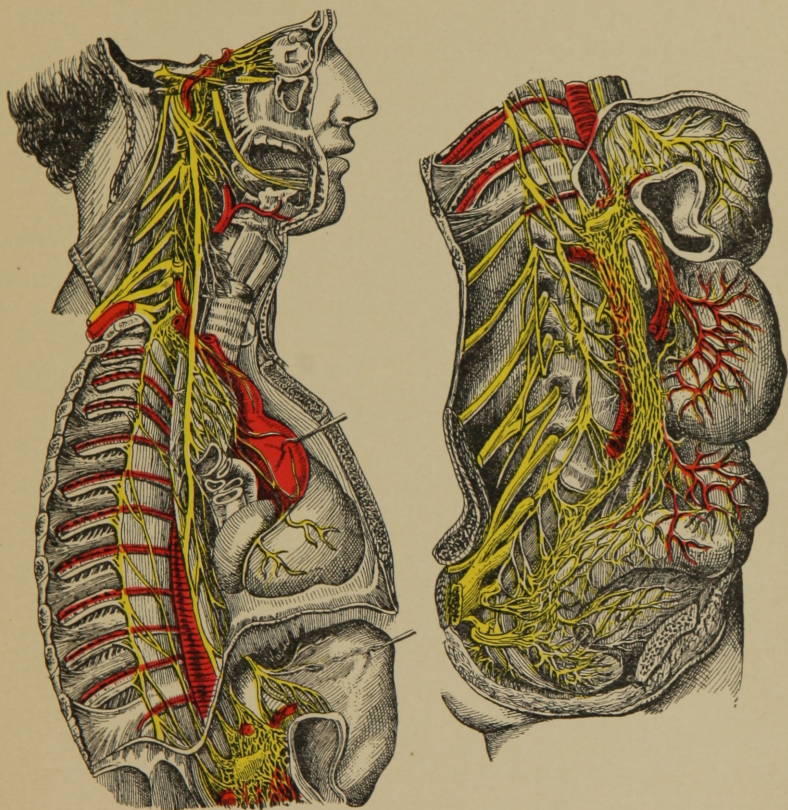
TREATMENT...

Rest in a horizontal position.

Keep bowels regular.

Warm fomentations and vaginal injections.

The cause and recurrence can be removed by the faithful use of "Lilies of the Valley"



Sympathetic Nervous System. (*Sappey.*)

Menorrhagia

or Excessive Menstrual Flow.

CAUSE...

Disease of the liver, kidney or heart.

Mental worry or shock.

Malaria.

Displacements, as anteflexion, or anteversion, etc.



SYMPTOMS...

Menstruation comes on in gushes, often accompanied by clots, great loss of blood.

Abortions.



TREATMENT...

Removal of the cause.

Proper diet.

Absolute rest in horizontal position, during periods.

Tonics, local and internal.

Moderate exercise.

No other medical treatment has ever worked greater wonders in completely curing excessive menstruation than "Lilies of the Valley."

Ovarian Inflammation.

CAUSE...

Scrofula and consumption.
Improper vaginal injections.
Excessive indulgence.
Exposure to cold during menses.
Accidents.



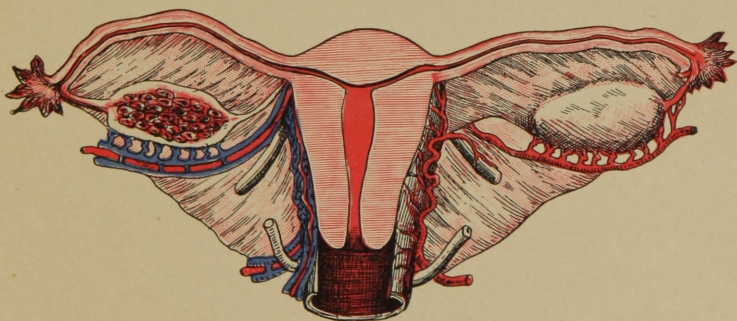
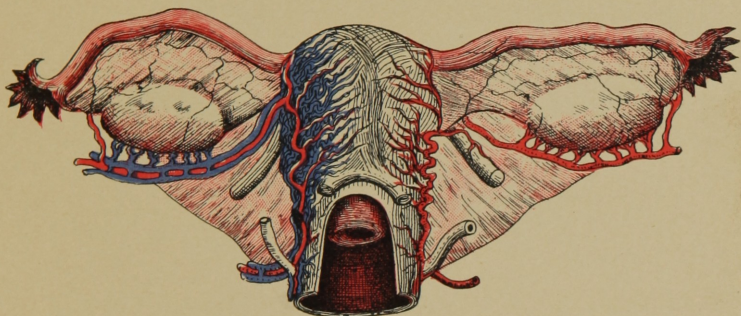
SYMPTOMS...

Sympathetic pains radiating from ovary, back and hip down the thigh.
Tympanitic swelling of the abdomen.
Menstruation sometimes scanty, and sometimes profuse.
Frequent and painful micturition (passing urine).
Tenderness over the ovaries.



TREATMENT...

Strict observance of the laws of nature.
For medical treatment, nothing better than "Lilies of the Valley."



Uterus and Ovaries.

Ovarian Tumors.

CAUSE...

Very little is known as to the cause.

No age is absolutely free from them.

It is supposed by some that sterility favors their development.



SYMPTOMS...

General enlargement of abdomen, more prominent on either side than over the uterus.

Tumor can be moved by the hand.

Shortness of breath and palpitation of the heart.

As the tumor becomes larger, the patient becomes more weak.



TREATMENT...

Early use of "Lily" treatment has worked wonders in the removal of tumors. As it is local and constitutional, it excites secretion, and removes the enlargement by absorption. There is no other remedy known, that has given greater results in removing tumors from various parts of the body, than "Lilies of the Valley."

Cancer of the Uterus.

CAUSE...

Not definitely known.

Usually begins in the cervix, rarely in the body of the womb.

Extremely rare before the age of 20 to 25 years, increases until 40 to 45, after which it diminishes.

More common among married women.

Sexual excess and child bearing, are said to favor its developments.

Heredity has been traced in some cases.



SYMPTOMS...

But few symptoms at first.

Later profuse leucorrhœa.

Hemorrhage and pain ; hemorrhage comes with a gush.

Urinary troubles almost always occur.

Nausea and vomiting are frequent.

Impoverished blood.

Tongue at first furred, then red.

Fetid, watery discharge.

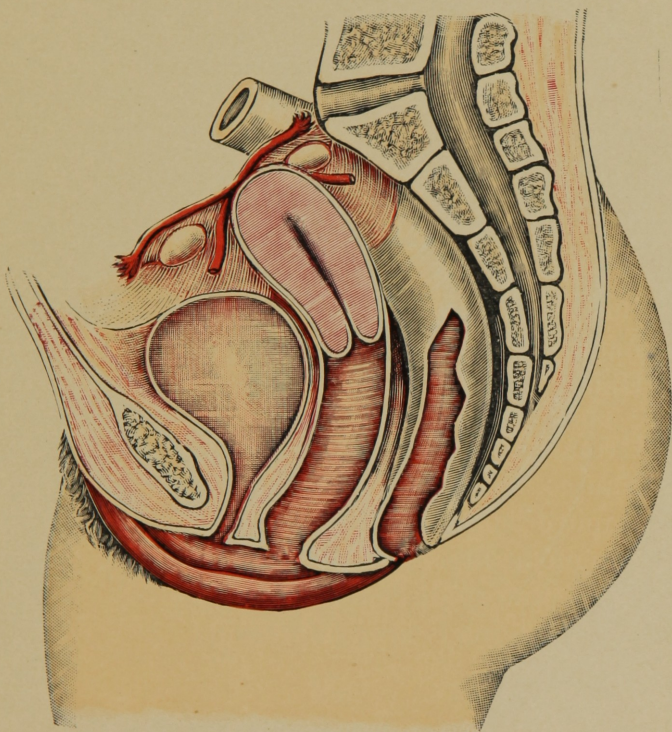
Pain in loins is always present.



TREATMENT...

If disease is well advanced, medicine will not cure.

In the beginning stages, "Lilies of the Valley" have been known to do great good. We do not claim to cure cancer in the advanced stage, but we do claim to remove the cause that leads to cancer, thus preventing the development of the disease.



Natural Position of the Organs of Generation.

Ulceration of the Uterus.

CAUSE...

Retroversion and anteversion.

Uncleanliness.

Results of previous diseases.

Various local applications.

Excessive sexual indulgence.



SYMPTOMS...

Tenderness and pain.

Watery, bloody leucorrhœal discharge.

Drawing and burning sensation.

Pain when taking exercise, as walking, stooping, reaching up, etc.



TREATMENT...

Cleanliness and good hygiene.

Proper exercise and diet.

In addition to this, ulceration yields readily to the use of "Lilies of the Valley."

Anteversion and Antelexion.

CAUSE...

Weakness of the broad ligament.
Frequent trips up and down long flights of stairs.
Stooping, or reaching up.
Accident.
Over lifting, or a fall.
General anemic and relaxed condition of the system.



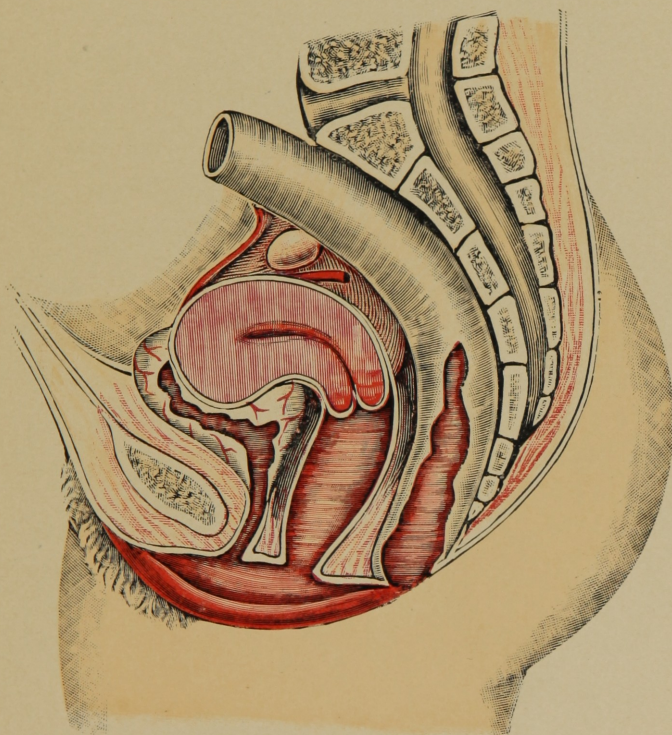
SYMPTOMS...

Pain in the groin and back.
Bearing down sensation.
Frequency of micturition (passing urine).
Frequently incontinence (inability to control urine).
Inability to walk with ease.
Nausea and sickness rarely absent.
Constipation frequently exists.
Hysteria.
Irritation of mouth of uterus.
Wasting and feebleness from loss of appetite.
Swelling across lower part of abdomen.



TREATMENT...

Sea salt baths.
Short walks in the open air.
Avoid lifting, carrying, stooping and stairs.
Lie down as much as possible.
Keep the bowels open daily.
Faithful use of "Lilies of the Valley" will strengthen the broad ligament and return the uterus to its normal condition.



Anteversion and Anteflexion.

Pruritus Vulvæ.

Inflammation of the Vulvæ.

CAUSE...

Friction of clothing.
Leucorrhœa.
Violent exercise.
Constipation and uncleanness.
Luxurious diet.
Sedentary habits.
The use of opiates or morphine.
Pregnancy.



SYMPTOMS...

Inflamed and swollen condition of the parts.
Intense itching and burning.
Minute abrasions; occasionally and frequently ulcerations
Intense desire to scratch and apply cooling applications to the parts affected.
Melancholy.
Desire to avoid society and be alone.



TREATMENT...

Avoid opiates and all stimulents.
Perfect cleanliness, regular rest, and light diet.
Moderate exercise in the open air.
“Lilies of the Valley” will give wonderful results in cooling, soothing and healing the diseased membrane.

Retroversion and Retroflexion.

Not so Frequent as Anteversion and Antelexion.

CAUSE...

In all cases of retroflexion there is more or less version.

Occupation, standing, stooping and reaching up.

Enlargement of uterus from any cause.

Manner of dress.

Flabby or weakened condition of uterine muscles.

Anemia, or weakened condition of the general system.



SYMPTOMS...

Bending, or falling back of uterus against rectum.

Pain when walking.

Chronic constipation.

Cystitis, or inflammation of the bladder.

Retension of the urine not uncommon.

Pain in the back and frequently extending down one limb.

Sterility a most common result.

Derangement of the menstrual flow.

Mouth of uterus usually turned towards bladder.

Painful coition.

Leucorrhœa.

Sickness or nausea is common.



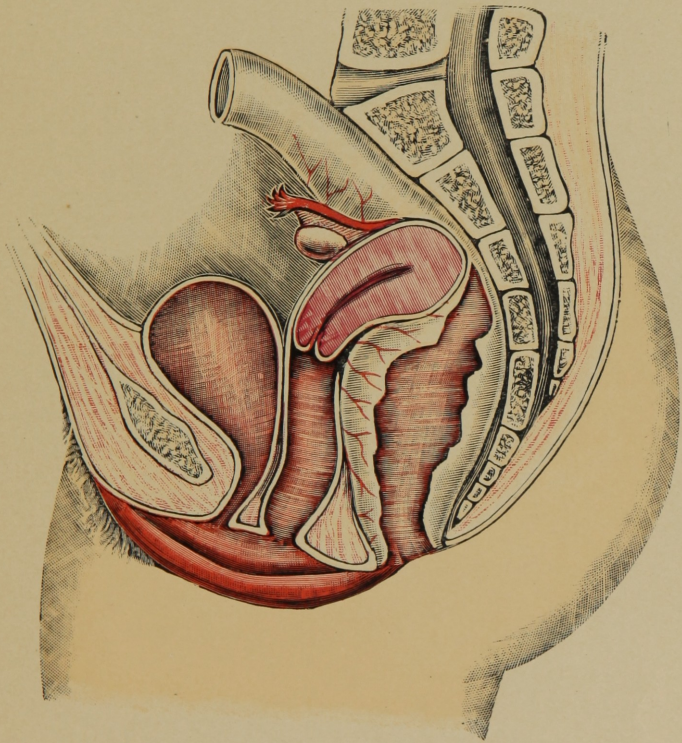
TREATMENT...

Rest on the side.

Lifting, stooping and climbing stairs prohibited.

Moderate exercise in the open air.

Rebuild the system and strengthen the uterine muscles by the early use of "Lilies of the Valley."



Retroversion and Retroflexion.

Chronic Endometritis

or Inflammation of the Uterus.

CAUSE...

Sudden suppression of the menses.
Exposure to cold.
Improper medical injections.
The result of acute inflammation.
Faulty nutrition.
Displacements.
Physical injuries.
Contracting cold during menses.
Over work, both mental and physical.
Impoverished condition of the blood.
Lacerations received during pregnancy.
Derangement of the liver.



SYMPTOMS...

Enlargement of the uterus.
Drawing down pain.
Weight and discomfort in the pelvis.
Tympanic condition of the abdomen.
Irregular and profuse menses.
Pain in ovarian region and back.
Burning sensation when passing urine.
Frequently leads to sterility.
Indigestion and loss of appetite
Rectural troubles, as hemorrhoids.
Restless nights and inability to get sound sleep.
Thick gelatinous discharge.



TREATMENT...

The early use of "Lilies of the Valley" has worked wonders in this class of female diseases. Of course, in addition to this, the patient must have rest, moderate exercise in the open air, and wholesome food

Prolapsis

or Falling Uterus.

CAUSE...

Loose or relaxed condition of the uterine ligaments.

Extra weight of uterus.

Extra weight of parts above.

Heavy clothing.

Flexions, or bending of uterus from various causes.

General debility.

Straining in case of constipation.

Accident, causing violent downward pressure.



SYMPTOMS...

Position of uterus very low.

Slight discharge.

Tenderness and irritation of vagina.

Headache and backache.

Difficulty in walking.

Constipation.

Drawing down sensation.

Itching and burning at mouth of uterus.



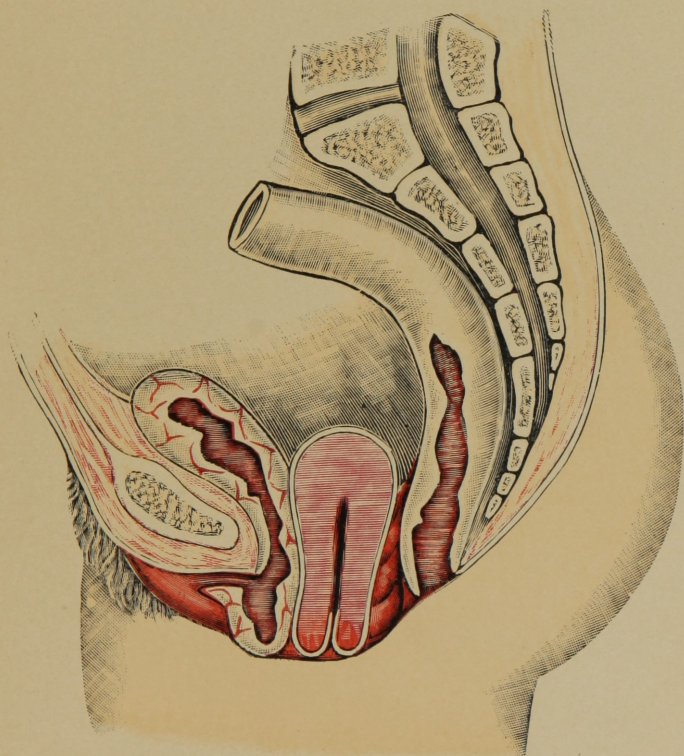
TREATMENT...

Rest in recumbent position.

Wholesome food.

Moderate exercise in the open air.

“Lilies of the Valley” have given wonderful results in restoring the strength of the uterine ligaments and returning the womb to its normal condition.



Prolapsis of the Uterus.

Hysteria.

CAUSE...

Much more common among women.
Over work mentally.
Mental or emotional disturbances.
Reduction of physical power.
Age : usually begins about the age of puberty.
Nervous temperament.
Temperature, season and occupation.
Disturbance of menses.
Mal-nutrition to the nervous system.
Severe accident.
Surprise or disappointment.



SYMPTOMS...

Great excitement of the nervous system.
Pain is complained of in various parts of the body.
Sensation of a ball or lump in the throat.
Shortness of breath or palpitation of the heart.
Paroxysms of laughter or crying.
Cold extremities and numbness.
Involuntary muscular movements.
Eye brows knit and lids contracted.
Hallucinations.
Loss of sight, hearing, smell and taste sometimes temporarily occur.



TREATMENT...

Develop self control.
Removal of the cause.
Pleasant surroundings.
Diet, rest, recreation and bathing.
Correct uterine disorders and nervous derangement by the use of "Lilies of the Valley."

The Menopause

or Change of Life.

CAUSE...

The natural cessation of the reproductive organs.



SYMPTOMS...

Irregular menstruation, too frequent, or delayed, sometimes excessive.

Hot and cold flashes.

Rush of blood to the head.

Irritability, melancholia, and hysteria.

Hacking cough.

Hallucinations.

Shrinking of the uterus and breasts.

Symptoms of general decline.



TREATMENT...

Prepare to tide safely over this trying period of life.

Good hygiene in the full sense of the word.

For medical treatment, no other remedy on the market, has ever given greater results at this trying period, than "Lilies of the Valley." They have been known to tide the patients safely over, leaving all the vital organs in a normal condition, as well as a healthy, sound and contented mind.

Rectal Diseases

Hemorrhoids or Piles.

CAUSE...

Sedentary habit.

Constipation.

Sluggish Liver.

Pregnancy.

Improper dress.

Over work and lifting.

Standing on the feet too long, as is customary for clerks, teachers, etc.



SYMPTOMS...

Small tumors, either external or internal.

Intense itching and burning at times.

Bleeding, frequently quite excessive.

Bearing down sensation.

Pain on the slightest exertion.

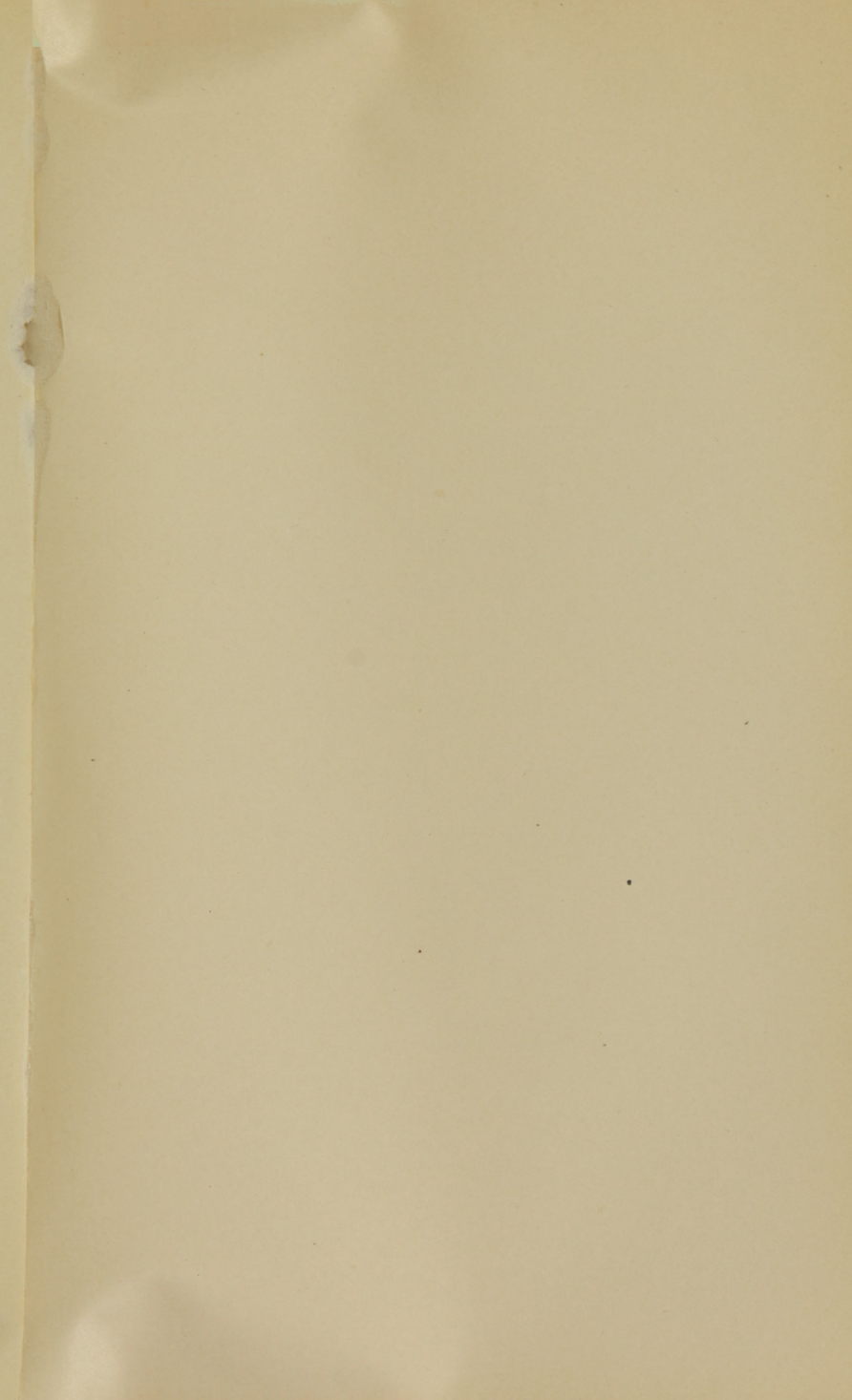


TREATMENT...

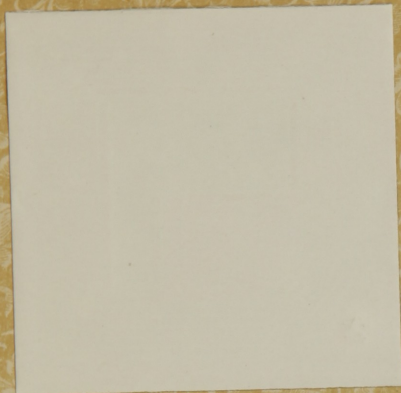
Regulate the bowels.

Proper exercise.

Use "Lily" pile remedy.



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